

ALLFIT
ESSENCE





Chest Press



Pec Fly



Pec Fly and Rear Delt



Shoulder Press



Prone Leg Curl



Leg Extension



Leg Press



Multi Hip



Lateral Raise



Row



Biceps Curl



Triceps



Glute



Seated Calf



Hip Adductor



Hip Abductor



Assist Dip Chin



Abdominal



Back Extension



Torso Rotation



Leg Curl / Extension



Add & Abd Station



Lat Pull Down



Lat Pull Down



Low Row



Seated Leg Curl



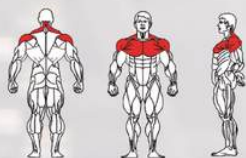
Chest Press

Size: (L)1156*(W)1585*(H)1528mm
N. W.: 208kg



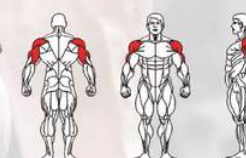
Pec Fly

Size: (L)1222*(W)1601*(H)1528mm
N. W.: 220kg



Pec Fly and Rear Delt

Size: (L)1235*(W)1573*(H)2054mm
N. W.: 212kg



Shoulder Press

Size: (L)1586*(W)1348*(H)1528mm
N. W.: 205kg



Lateral Raise

Size: (L)1327*(W)1402*(H)1528mm
N. W.: 218kg



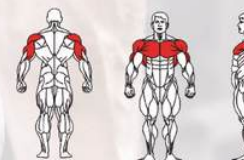
Biceps Curl

Size: (L)1060*(W)1559*(H)1528mm
N. W.: 211kg



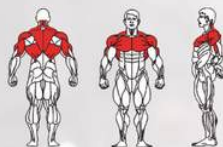
Row

Size: (L)1598*(W)1100*(H)1528mm
N. W.: 201kg



Triceps

Size: (L)1590*(W)1432*(H)1528mm
N. W.: 221kg



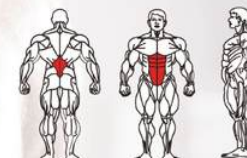
Assist Dip Chin

Size: (L)1372*(W)1434*(H)2327mm
N. W.: 257kg



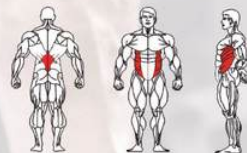
Abdominal

Size: (L)1307*(W)1298*(H)1528mm
N. W.: 186kg



Back Extension

Size: (L)1236*(W)1280*(H)1528mm
N. W.: 200kg



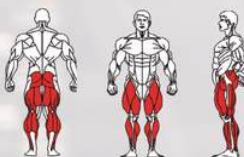
Torso Rotation

Size: (L) 1156*(W)1259*(H)1528mm
N. W.: 180kg



Prone Leg Curl

Size: (L)1750*(W)1343*(H)1528mm
N. W.: 216kg



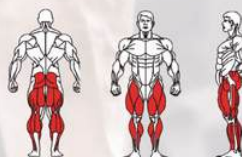
Leg Press

Size: (L)1774*(W)1269*(H)1528mm
N. W.: 272kg



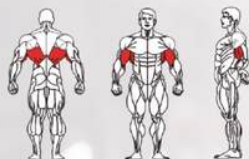
Leg Extension

Size: (L)1365*(W)1414*(H)1528mm
N. W.: 215kg



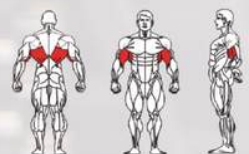
Multi Hip

Size: (L)1229*(W)1286*(H)1528mm
N. W.: 207kg



Lat Pull Down

Size: (L)1645*(W)1491*(H)1857mm
N. W.: 222kg



Low Row

Size: (L)1443*(W)1074*(H)1528mm
N. W.: 176kg



Lat Pull Down

Size: (L)1276*(W)1594*(H)2164mm
N. W.: 196kg



Seated Leg Curl

Size: (L)1675*(W)1414*(H)1528mm
N. W.: 246kg



Glute

Size: (L)2140*(W)1162*(H)1528mm
N. W.: 220kg



Seated Calf

Size: (L)1670*(W)1086*(H)1528mm
N. W.: 230kg



Hip Adductor

Size: (L)1303*(W)1468*(H)1528mm
N. W.: 190kg



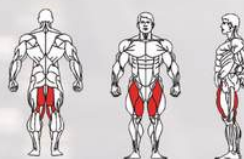
Hip Abductor

Size: (L)1298*(W)1394*(H)1528mm
N. W.: 190kg



Leg Curl / Extension

Size: (L)1756*(W)1336*(H)1528mm
N. W.: 237kg



Add & Abd Station

Size: (L)1449*(W)1494*(H)1528mm
N. W.: 212kg

